



MENTAL HEALTH BY THE NUMBERS: MIAMI DADE COUNTY



EMERGENCY DEPARTMENT VISITS

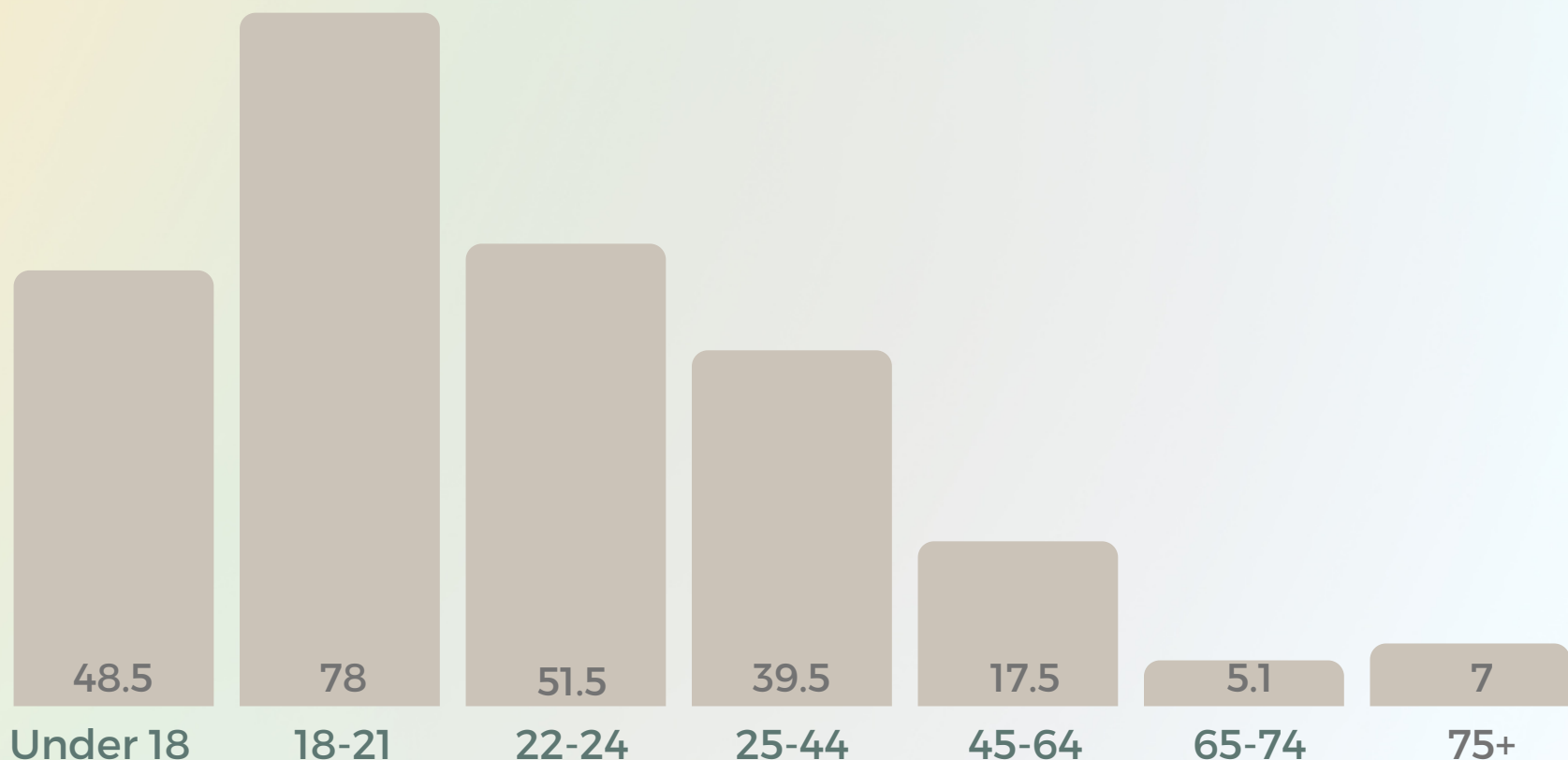


The rate of total emergency department visits in 2020 was 31.9 per 100,000, down from a peak rate of 61.8 in 2018. Drug poisoning was the main cause of emergency room visits at a rate of 17.6.



Individuals in the 18-21 age group reported the most emergency room visits (78 per 100,000), followed by those in the 22-24 age group.

Emergency Department Visits Rate by Age Groups in Miami-Dade County, 2020 (rate per 100,00)



INTENTIONAL SELF-HARM INJURIES

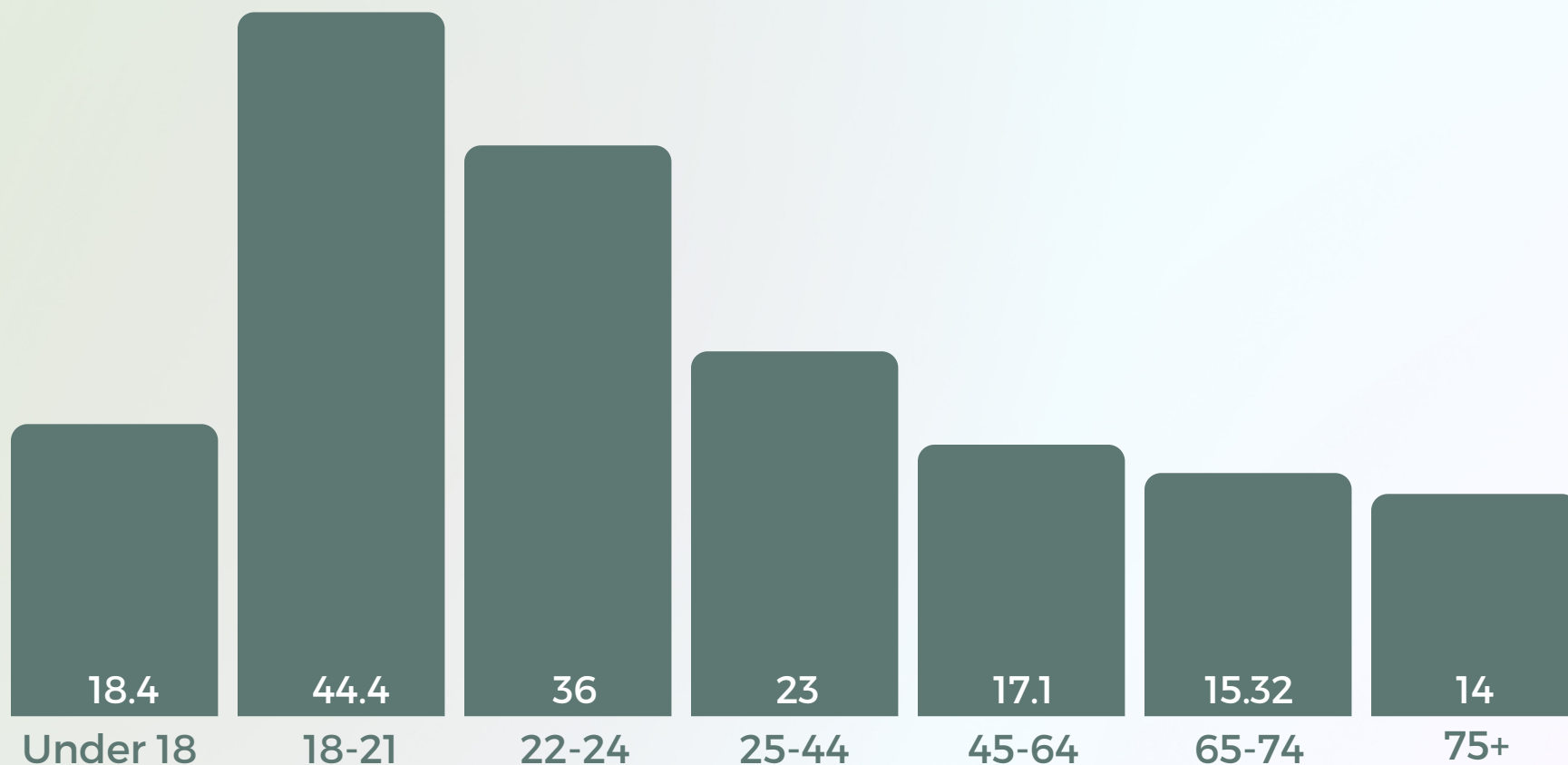


In 2020, drug poisoning was the leading cause of hospitalization for non-fatal intentional self-harm injuries (20.5 per 100,000). Rates for other categories, such as firearm and suffocation, are not available for every year.



Individuals in the 18-21 age group had the highest rates of intentional self-harm injuries (44.4 per 100,000), followed by the 22-24 age group and 25-44 age group.

Intentional Self-Harm Injuries Rate by Age Groups in Miami-Dade County, 2020 (rate per 100,000)



Intentional self-harm is injury or poisoning inflicted on oneself by deliberate means with the intent to take one's own life or with the intent to harm oneself.

Not all intentional self-harm injuries are suicide attempts.

Source: Florida Department of Health, "Suicide and Behavioral Health Profile", 2020

SUICIDE DEATHS



After steadily declining between 2015 and 2017, suicide rates in Miami-Dade County more than doubled in 2018 and 2019.



In 2020 the suicide rate decreased to pre-2018 levels at a rate of 8.46 per 100,000 population.



With access to the right resources suicide can be prevented. In addition to socioeconomic barriers to accessing mental health resources, there is a negative stigma tied to seeking help.

Total Suicide Rate in Miami-Dade County, 2015-2020



SUICIDE DEATHS AND AGE

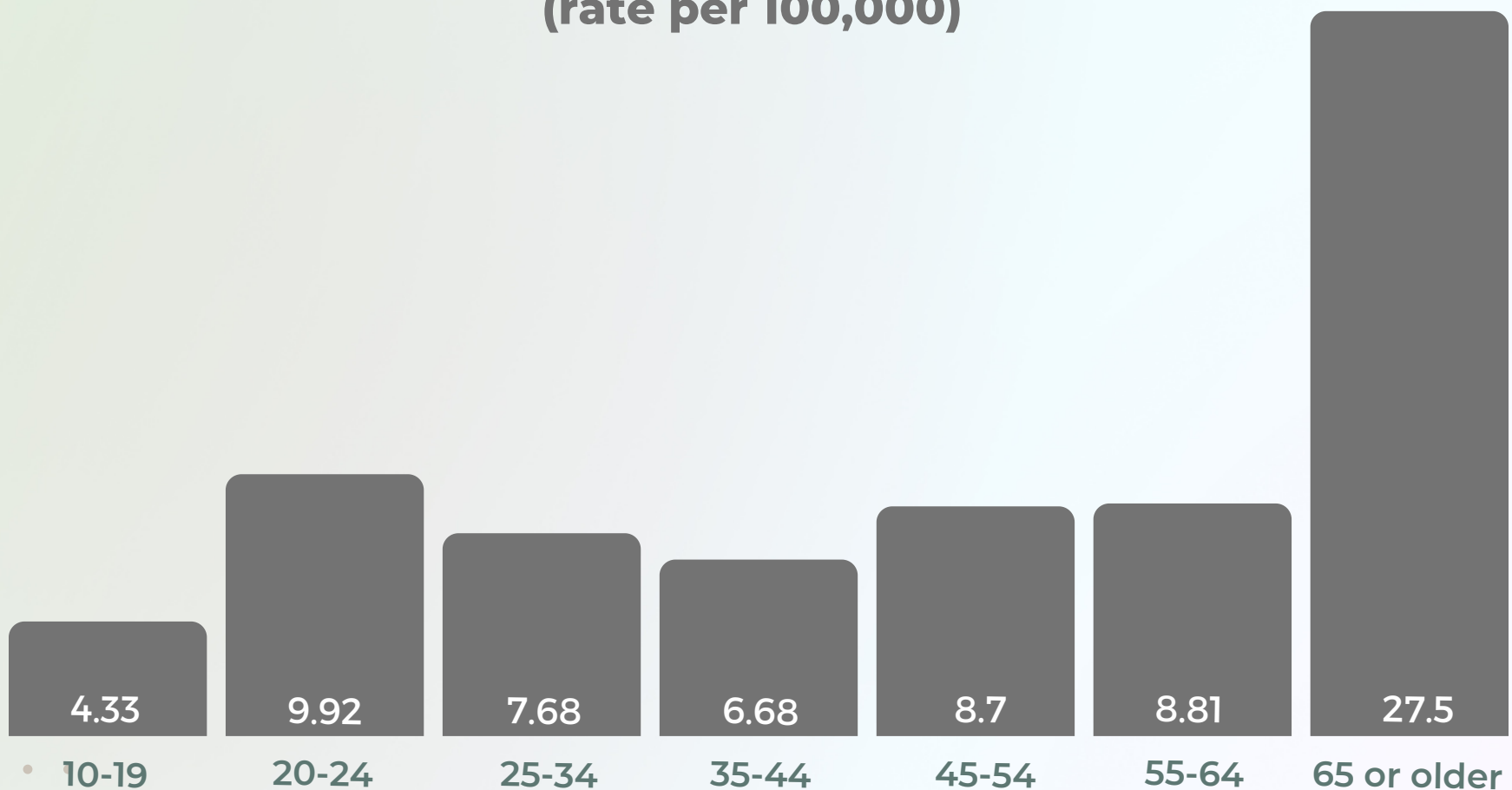


At a rate of 4.01 per 100,000, firearm was the main cause of suicide for all age groups except for ages 10-19. Suffocation and drug poisoning followed as most recurring causes of death by suicide.



In 2020, with the onset of the covid-19 pandemic, rates for suicide in the 65+ age group spiked to a rate of 27.5 per 100,000.

**Suicide Rate by Age Groups in Miami-Dade County, 2020
(rate per 100,000)**



ACCESS TO MENTAL HEALTH SERVICES



Although the rate of mental health professionals in the county has steadily increased since 2016, the number of psychiatric beds for adults, children, and adolescents has remained mostly stagnant. Access to mental health depends on the availability and affordability of services.

Total Mental Health Professionals vs. Beds and Children's Treatments in Miami-Dade County, 2016-2020

