

# MENTAL HEALTH AWARENESS MONTH

May 2023



**FIU**

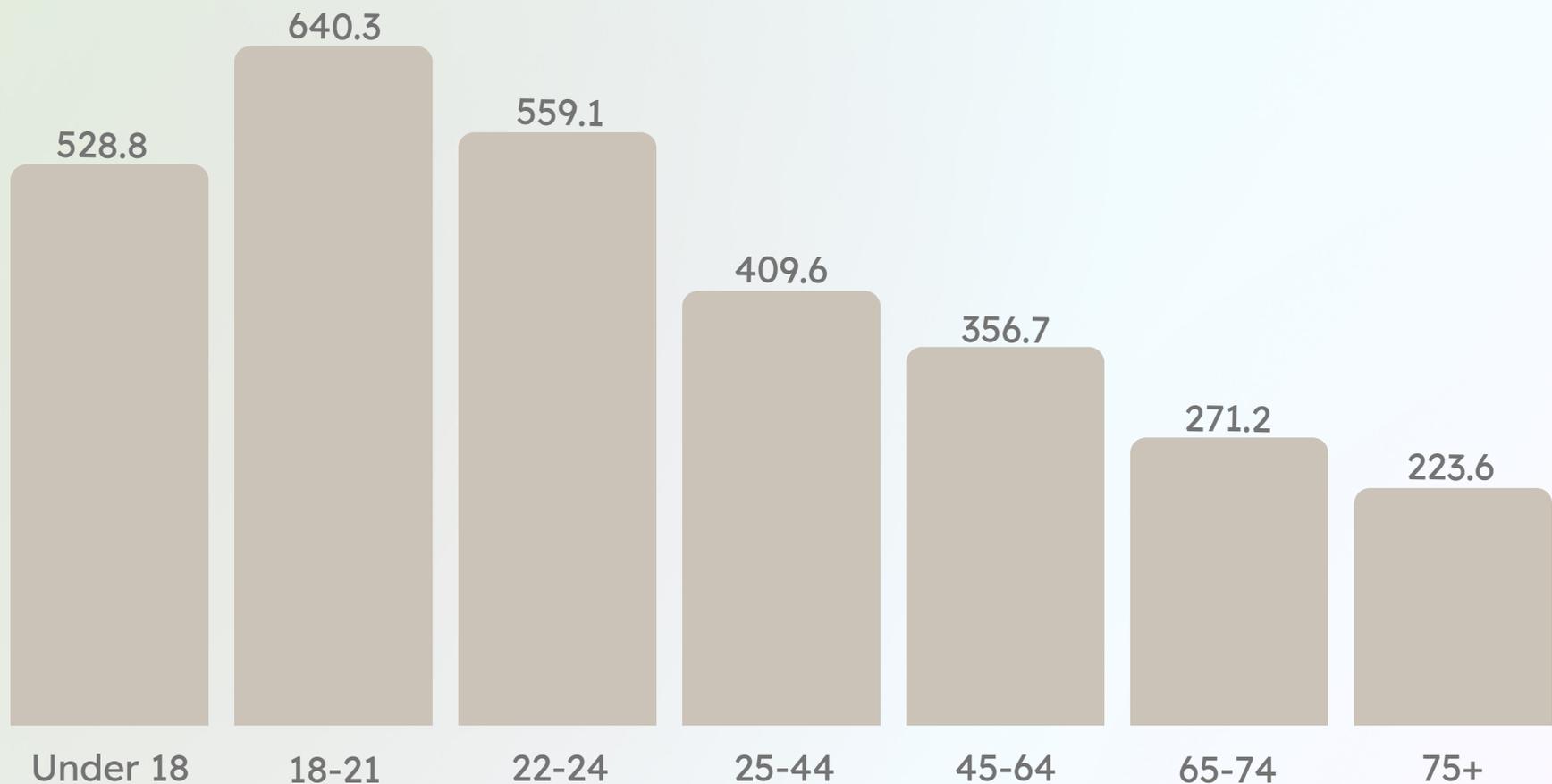
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# HOSPITALIZATIONS FOR MOOD AND DEPRESSIVE DISORDERS



Mood or depressive disorders include manic episodes, bipolar disorder, major depressive disorder, persistent mood disorders, and other unspecified mood disorders.

HOSPITALIZATIONS FOR MOOD AND DEPRESSIVE DISORDERS BY AGE GROUP IN MIAMI-DADE, 2021 (RATE PER 100,000)

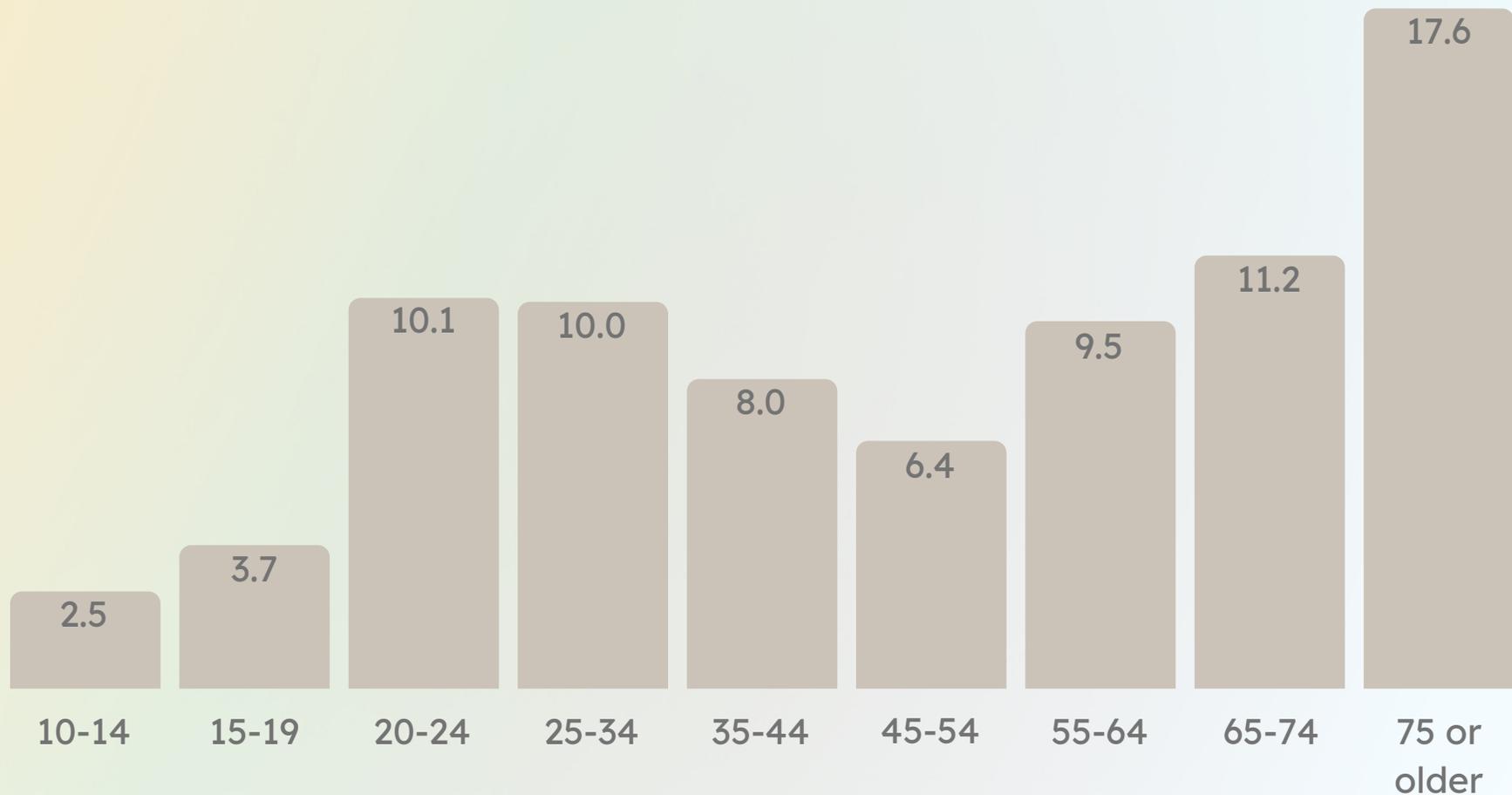


# SUICIDE DEATHS



In 2021, elders had the highest rate of suicide deaths per 100,000 people in Miami-Dade. Overall, the suicide rate per 100,000 increased from 8.5 to 9.0 in Miami-Dade County.

**SUICIDE DEATHS BY AGE GROUP IN MIAMI-DADE, 2021**  
(RATE PER 100,000)

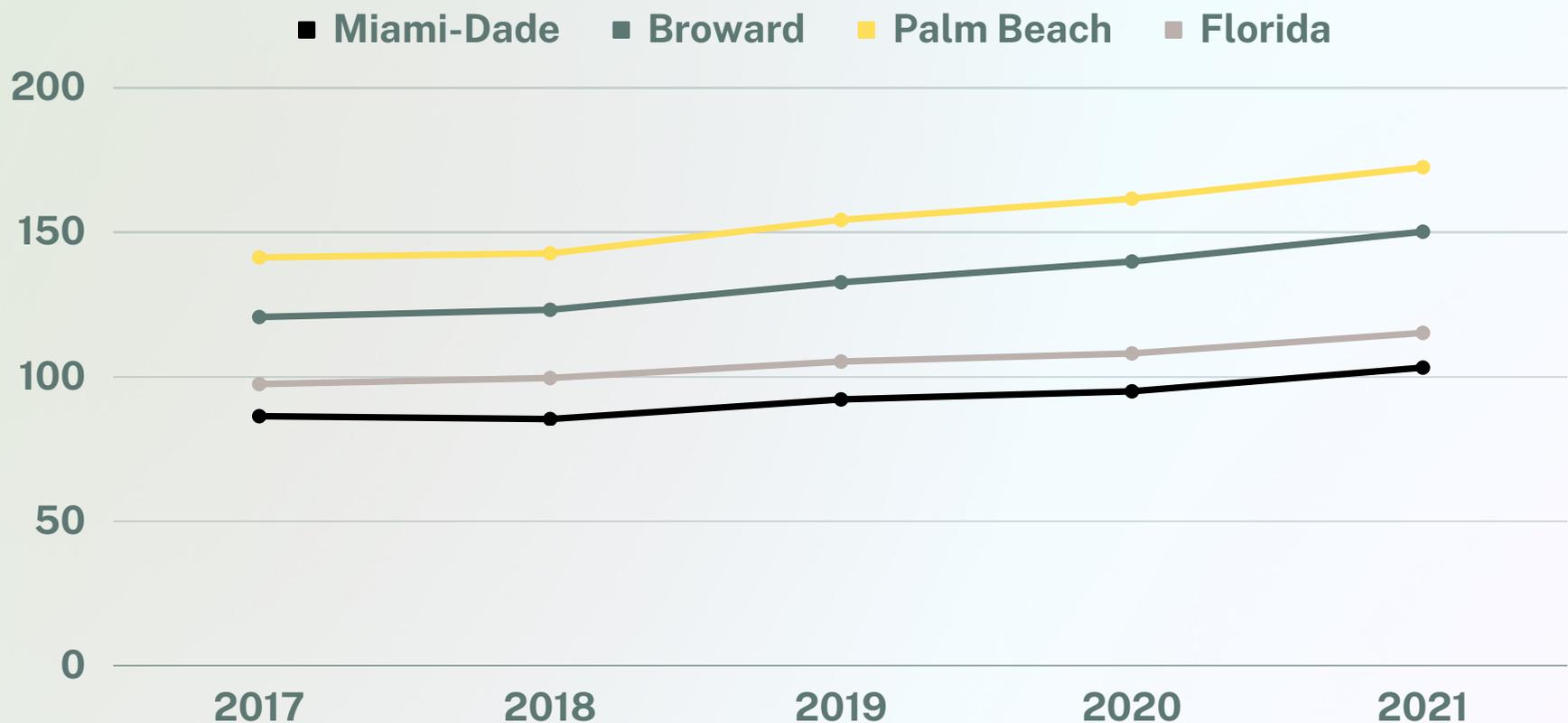


# ACCESS TO MENTAL HEALTH SERVICES



The amount of mental health professionals has steadily increased in South Florida and statewide since 2017. Miami-Dade ranks the lowest in amount of mental health professionals available for residents.

## MENTAL HEALTH PROFESSIONALS IN THE TRI-COUNTY AREA AND FLORIDA, 2017-2021 (RATE PER 100,000)



# ACCESS TO MENTAL HEALTH SERVICES



Access to mental health resources for people of all ages and socioeconomic backgrounds can help prevent suicide and improve the quality of life for all people.



Mental Health Awareness Month is a time to reduce the stigma that surrounds behavioral and mental health issues and bring attention to how it affects our community.

## RESOURCES

- The Counseling Group
- Improving Lives Community Mental Health Center
- United Therapists of South Florida
- Telstone IOP -The Sydney Merling Center

mental  
health  
matters



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